

## TEACHING RESOURCES FOR FAMILIES



**Manuel Neuer says: "Football is a team sport. Committing all together with something"**

### **Ekkono questions:**

What is commitment?

In training and games, do you have a commitment to what the coach asks of you?



### **The value of Commitment:**

The word commitment is used to describe an obligation that has been incurred.

It is said that a person is committed to something when he fulfills his obligations.

