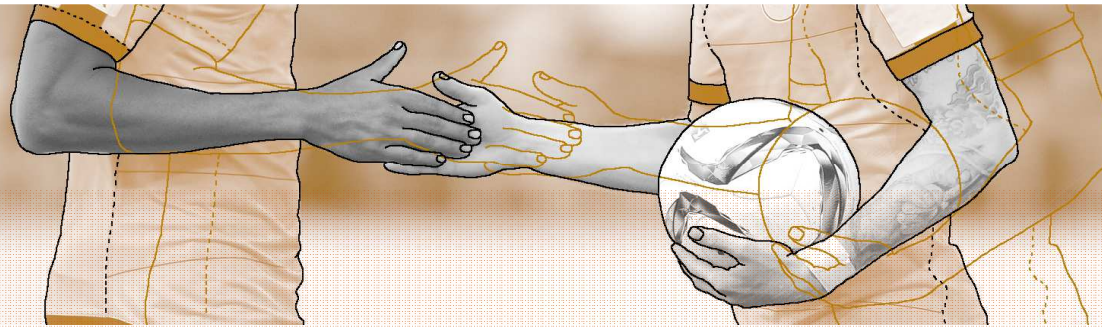


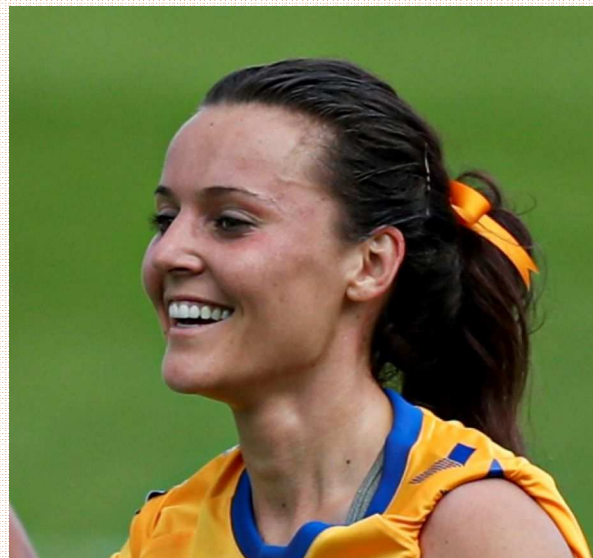
## TEACHING RESOURCES FOR FAMILIES



Halley Raso says: “I have learned to never take what you love for granted, because it can be taken away so quickly”

### Ekkono questions:

What is the importance of  
unsettlement?



Halley Raso, Australia  
Member of the Matildas Tokyo 2020 Olympics squad

### The value of: unsettlement

Ekkono believes that one should not settle for what has been achieved, as there are always things that need to be improved and various important objectives to achieve.

Conformism is an attitude for being afraid to try something while not succeeding. You always have to try to improve, not settle for what was done.

