



Importance at the Formation Stage:



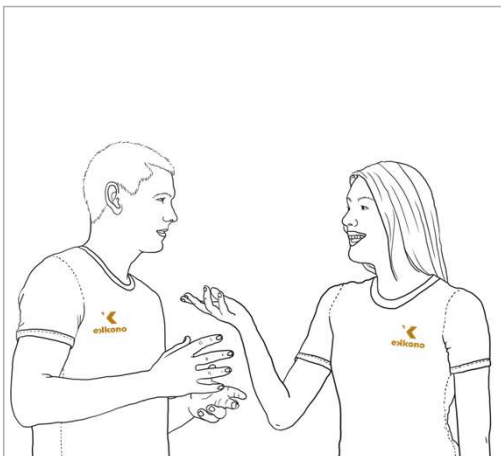
Importance at the Technification Stage:



## DIDACTIC SOLUTION

The coach must carry out a meticulous planning of all training tasks.

The tasks must be thought from the internal logic of football (real game context), to favor their transfer to the real game situation, so that you can organize your game action in an autonomous, intentional and reflective way, learning to interpret and assess the various possibilities that arise at each moment of the game. Design specific tasks that require highly specialized training in motor skills, as well as in the structural and functional foundations of soccer.



Federation of Belgium: « An acquired skill in the application of certain activities (training session) can only be transferred into a new condition (the match) when there exists a maximum of resemblances between the two situations »

“Mourinho would arrive at the Real Madrid training camp at seven in the morning, and he would make sure that everything was ready.”

“Guardiola has been seen leaving the training ground at ten at night, and sometimes even later.”