



Importance at the Formation Stage:



Importance at the Technification Stage:



DIDACTIC SOLUTION

Adjust the workspace, equipment, number of players, rules and time beforehand to reach the objective of the session more easily. Create the most favorable conditions/context for the training of the content and the concept



"We adjust the training conditions to ensure that the players can meet the tactical objective that we want to improve"

P. Guardiola

"In training, we modified the organization to work on the aspects that we need to improve for the next game"

A. Conte

"In training, we adapt the intensity and conditions so that the players can meet the specific objective of each session"

M. Pochettino