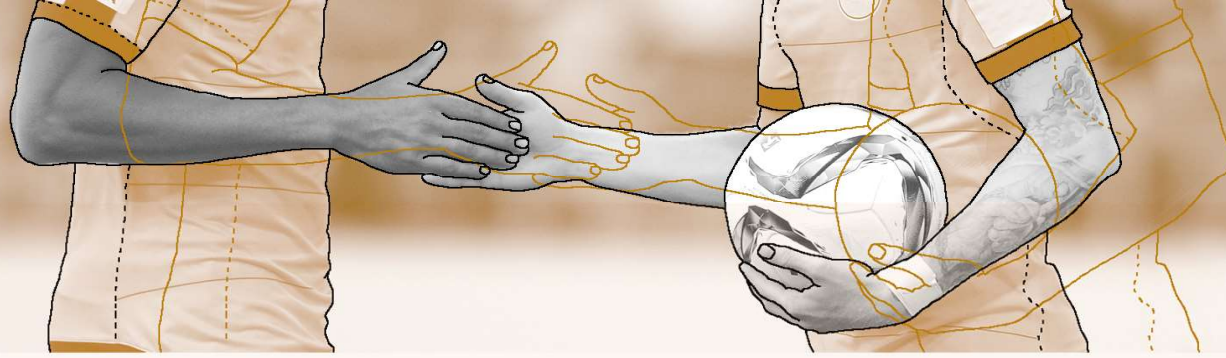


TEACHING RESOURCES FOR FAMILIES



A. Putellas: "There has been a change of mentality, a lot of ambition, also sacrifice and above all commitment"

Ekkono questions:

Why is sacrifice so important?

Why is commitment so important?



The value of: Commitment

Commitment in football is essential for individual and collective performance, promotes discipline and self-improvement, and serves as an example for other players. It is a quality that helps build successful teams and achieve sporting goals.

Alexia Putellas, Spain
Ballon d'Or for the best player in the world (2021, 2022)