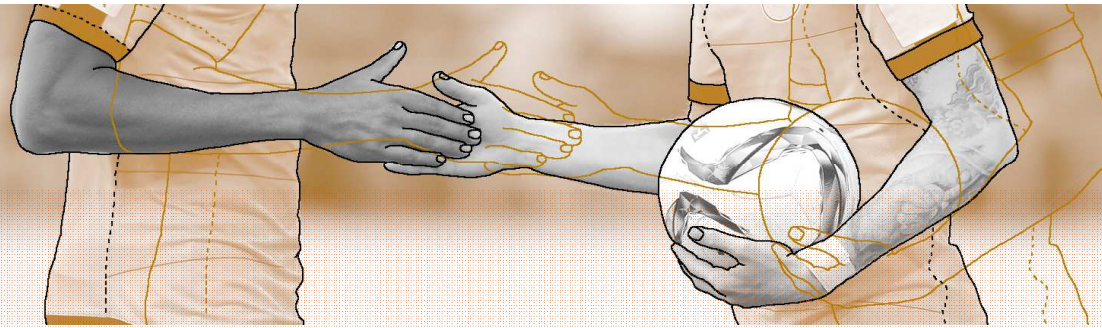


TEACHING RESOURCES FOR FAMILIES



Guardiola says: “We can't always look in the mirror and say how good we are. When things are going well it is when you have to be more attentive”

Ekkono questions:

Why do you think Pep believes that "when things are going well is when you have to be more attentive"?

What can happen if we trust, relax?



The value of Excellence:

Attention is the ability to perceive the ability of stimuli.

Attention and concentration are interrelated. When some element of distraction occurs, concentration is lost. Ekkono considers it very important to stay focused and avoid possible sources of distraction.

