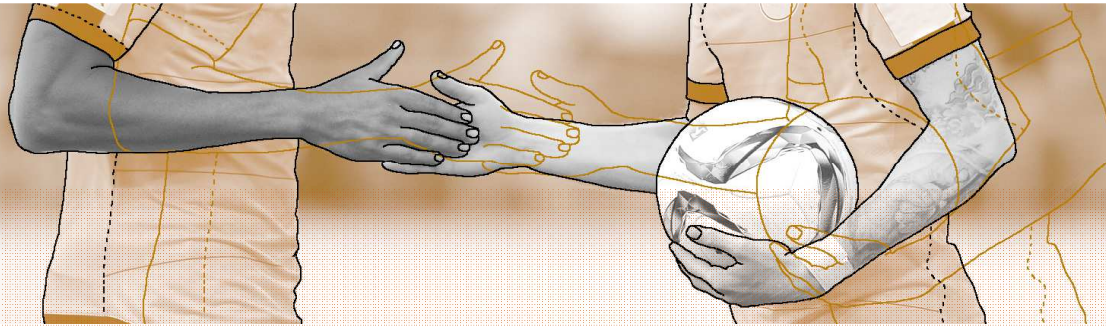


TEACHING RESOURCES FOR FAMILIES



Mia Hamm says: “I’m the best soccer player in the world. I do not believe it. Maybe that's why one day I’ll become one”

Ekkono questions:

What does it mean to believe in yourself?

Why is it important to believe in yourself?



The value of: Believe it

Believing in oneself allows us to develop and grow, because if we believe that we can, we will risk much more than if we think that we are incapable of doing something.

