



Underline the two ideas you like the most from the article. Explain out loud why they are important to you.



PEP GUARDIOLA

Q. If you could give one message to the Pep Guardiola, who was just starting at Barcelona B in 2007, what would you tell him?

A. Great question. I think at the start I had a clear idea, saying "This is what I want to do". After a few months I realized that the principles must always be in place, but you've got to continuously adjust. Different players interpret things in different ways; we must adjust constantly.

Q. Last season's Premier League went right to the wire. You won the league against a team that only lost one game out of 38. Was it more satisfying to win in that way?

A. The rival always gives the value to the competition. Liverpool were at an incredible level, the hardest I've faced in my life. The leagues in Spain and Germany were tough, but this was especially tough. Klopp's team had everything; the positional attacks hurt us, but we managed to beat them.

Q. In England you have many rivals, does this give you the daily stimulation?

A. I need enemies. I love when people hate me and hope I fail. It gives me fire and makes me think "OK, watch this." It's a necessity for all athletes, not only coaches.



• COACH SOLUTIONS:

Groups:

All the team / Groups of 3-4 players

Dynamic:

The text will be read aloud, trying to get each player to read a piece. Then they will get into groups of 3-4 players and answer the questions between them orally. Then the answers will be shared in a large group.

• COACH SESSION NOTES: