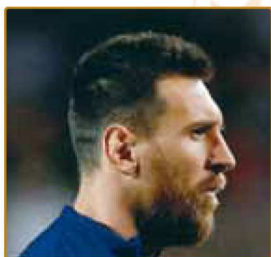


EXERCISE 1



EXERCISE 1

NAME & DATE:



"The day that looks like there is nothing to improve, will be a boring day".

Lionel Messi, Argentina

He has won the Golden Ball six times.

In 2007, he created the Leo Messi Foundation, which aims to help children and adolescents at risk, especially in the areas of education and health.

👉 Do you think you improve every day?

• I have a good time at school ☆☆☆☆☆

• I have a good time in training ☆☆☆☆☆

In TRAINING I learned that...

In SCHOOL I learned that...



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Why do you think Messi believes that one day without improvement will be a boring one?

Do you think Messi can improve every day?

In what aspects do you think he can improve?

Do you think you improve every day?

Can you give examples of what you have improved this week?

• COACH SESSION NOTES:

