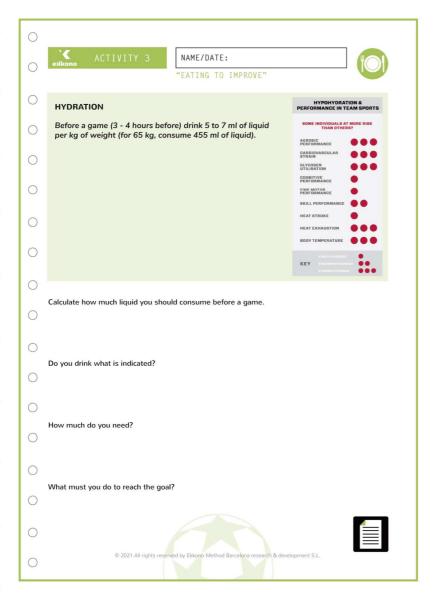


"EATING TO IMPROVE"





• COACH SOLUTIONS:

Groups:

Pairs

Dynamic:

The information is read aloud and then in pairs, each player performs the activity with the data for their partner. When they are finished, the results are discussed out loud. Try to get each partner to speak once.