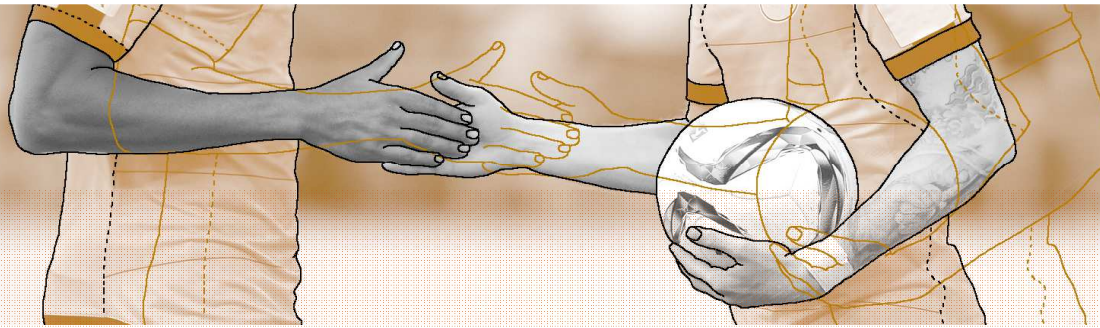


TEACHING RESOURCES FOR FAMILIES



Kelechi Iheanacho says: “Have belief and confidence in yourself, and the good people around you”

Ekkono questions:

Do you think that optimal self-confidence improves your performance level?

Do you think that having self-confidence is having a realistic perspective on what you can achieve?



Kelechi Iheanacho, Nigeria

The value of: Confidence .

Confidence is the security that each player has in himself.

Confidence helps us to carry on with our purposes despite difficulties. It implies the conviction that, using our strengths and virtues, we will be able to achieve what we set out to do.

