





COACH SOLUTIONS:

Groups:

Team game

DYNAMIC

Duration:

5-6 minutes

Material needed:

Random objects

Rules:

Give an item to a person on each team. They will have to get up one by one and demonstrate how the object in question is used. The rest of the team must guess what action the player is doing. This player cannot speak and the demosntration must be of original and perhaps absurd ideas.

Previous preparation:

Yes. Bring different objects.

• COACH SESSION NOTES: