

TEACHING RESOURCES FOR FAMILIES



Hayley says: “I have learned to never take what you love for granted, because it can be taken away so quickly”

Ekkono questions:

What is the value of loving what you love?



The value of love what you do

Ekkono thinks that passion for the game fosters dedication, resilience, and enjoyment, which helps athletes perform better under pressure. When players love football, they are more likely to embrace teamwork, support one another, and develop a sense of trust and security on and off the field.

Hayley, Australia
Representing Australia at the Olympic Games